ACCA CASE STUDY

ACCA's Tailored Parenting Support Programs: A Case Study

In a poignant case of child neglect, ACCA stepped in to provide vital support, aiding a struggling mother in overcoming challenges to create a safe environment for her children. Initiated by an in-depth RISK assessment, significant concerns regarding the children's welfare were identified.

AT A GLANCE

Challenges

- History of parental neglect and hazardous living conditions.
- Need for tailored support programs to address specific family needs.

Benefits

- Personalised assistance tailored to each family's needs.
- Identification and leveraging of existing strengths within the family.
- Structured and personalised instruction for improving parenting skills.
- Emphasis on active learning through observation and practice.
- Promotion of positive parentchild interactions and relationships.

ACCA came through really quickly and helpfully. If you are in need of an Independent Social Worker for any type of assessment, then ACCA is well worth getting in touch with.

Solicitor

Boys are doing fantastic. Thankyou so so much for your amazing help And everyone at ACCA. I will never forget.

Mum







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OVERVIEW

Recognising the urgency, the assigned Independent Social Worker (ISW) proposed integrating ACCA's TOP Teaching program and SNAP Analysis into a tailored version of the 24/7 in the Home Programme.

The case involves a history of parental neglect, with recent police intervention due to hazardous living conditions and neglectful care. Children exhibit various developmental and behavioural challenges, requiring intensive supervision and support. Mother's engagement and trust in professionals remain areas of concern, necessitating close monitoring and support.

The 24/7 in the Home Programme, a unique alternative to traditional assessments, facilitated comprehensive support while ensuring the children's safety within their home environment. Under this program, a dedicated team of parenting practitioners provided guidance and monitoring four days a week, effectively managing and mitigating identified risks.

Community-based supervision allowed the mother to develop the necessary parenting skills gradually.

Four dedicated Parenting Practitioners worked closely with the mother, conducting three teaching sessions per week for four hours each, tailored to her busy schedule.

Despite challenges, the TOP Teaching program was seamlessly integrated into her daily routine, accommodating sessions during bus rides or meal preparations. This flexible approach ensured active engagement and skill acquisition by the mother, even amidst her hectic lifestyle.

THE PROCESS

As part of the commissioning agreement, Advanced Child Care Assessments commits to conducting a comprehensive risk assessment, including a detailed social history of the parent(s) and an assessment of family and environmental factors. Recommendations regarding the viability of the 24/7 in the Home Parenting Programme and community-based assessments will be provided. Immediate/significant risk information should be communicated on referral forms. Detailed family history and concerns will inform the assessment process.





The mother made significant strides in developing satisfactory parenting skills through collaborative efforts. Consequently, her children were reintroduced to the home just two weeks before Christmas, marking a pivotal milestone in their journey toward reunification. Integrating the TOP Teaching program, alongside the 24/7 in the Home Programme and SNAP Analysis, provided a robust framework for a successful rehabilitation plan, offering hope for a brighter future for the family.

ACCA's tailored parenting support programs proved instrumental in addressing the complex needs of this vulnerable family, highlighting the organisation's commitment to promoting child welfare and empowering parents. Leveraging innovative approaches and personalised support, ACCA continues to positively impact families facing significant challenges, ultimately breaking the cycle of neglect and ensuring better outcomes for children and caregivers.

THE SNAP PROGRAMME

The SNAP (Strengths and Needs Analysis) Programme offers several direct benefits to families and individuals seeking support. Firstly, it provides personalised assistance by tailoring assessments and interventions to meet the specific needs of each parent and family. This personalised approach ensures that support is targeted and effective, addressing the unique circumstances of each individual or family unit.

Moreover, the SNAP Programme focuses on identifying and leveraging existing strengths within the family. The programme empowers families to overcome challenges and achieve positive outcomes by recognising and building upon these strengths. This strengths-based approach fosters resilience and promotes a sense of agency among participants, enabling them to navigate difficult situations more effectively.

TOP TEACHING PROGRAMME

The TOP (Teaching, Observation, and Practice) Teaching Programme provides numerous advantages to parents and caregivers. It aims to enhance their parenting abilities and establish a secure setting for their children. Firstly, the TOP Teaching Programme provides structured and personalised instruction tailored to the individual needs of each parent or caregiver. This personalised approach ensures that participants receive guidance and support relevant to their specific circumstances, enhancing the program's effectiveness.

Moreover, the TOP Teaching Programme emphasises active learning through observation and practice. Participants can observe effective parenting techniques in action and then practice these techniques themselves under the guidance of experienced practitioners. This hands-on approach allows parents to develop practical skills and confidence in implementing positive parenting strategies.

By teaching parents practical communication skills, discipline techniques, and ways to foster emotional connection with their children, the program helps to strengthen the bond between parents and their children. This, in turn, can lead to improved behaviour, emotional well-being, and overall family harmony.

24/7 IN THE HOME

The 24/7 In the Home Programme offers numerous direct benefits for children and parents or caregivers. Firstly, it prioritises the safety and well-being of children by allowing them to remain in their familiar home environment. This continuity can be vital for their emotional stability and security during challenging times.

One significant advantage of the program is its comprehensive support system. Through round-the-clock assistance, guidance, and monitoring provided by experienced parenting practitioners, parents receive continuous support in addressing various challenges they may encounter. This ongoing assistance ensures they have the necessary resources to implement positive parenting strategies effectively.

Moreover, the program facilitates a real-life assessment of parenting skills within the home and community settings. Unlike assessments conducted in controlled environments, this approach offers a more accurate evaluation of parents' abilities to meet their children's needs in everyday situations. Observing interactions within their natural environment allows practitioners to understand the dynamics better and tailor interventions accordingly.