

ACCA CASE STUDY

ACCA's Tailored Parenting Support Programs: A Case Study

AT A GLANCE

Challenges

- **Initial Resistance:** Overcoming families' initial resistance or apprehension about the supervision programme, highlighting the importance of effective communication and building trust.
- **Addressing Complex Needs:** Successfully addressing families' complex needs, including managing identified risks and providing tailored support, underscores the programme's effectiveness in meeting diverse challenges.
- **Transitioning Out:** Ensuring a smooth transition out of the programme for families like Mr Y's, requiring careful consideration of progress made and readiness for independent family living, demonstrates the programme's commitment to supporting families beyond intervention.

Benefits

- **Comprehensive Support:** provides a holistic approach to addressing familial needs.
- **Tailored Support:** Parents receive tailored support to manage and reduce identified risks to the child, ensuring that interventions are specific to the family's circumstances and challenges.
- **Skill Development:** Inexperienced parents with learning needs have the opportunity to develop essential parenting skills gradually, promoting the safety and viability of any rehabilitation plan.
- **Positive Progress:** The programme facilitates significant progress in the transition back home, as evidenced by the remarkable improvement observed in Mr Y and his family over the 8-week support period.
- **Successful Integration:** By fostering positive working relationships and comprehensively addressing the family's needs, ACCA contributes to the successful integration of families into their home environment, promoting overall well-being.



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OVERVIEW

Mr Y was enrolled in the ACCA's Community Based Supervision Programme, which provides in-home assistance to families in need. The program was initiated to support their home transition and ensure a smooth integration into his family environment.

WHAT IS THE COMMUNITY BASED SUPERVISION PROGRAMME?

The Community Based Supervision Programme is a comprehensive, robust assessment and support initiative. It is uniquely designed to evaluate and enhance parental capabilities within their home environment. This involves a team of experienced Parenting Practitioners providing round-the-clock supervision, guidance, and monitoring to parents and their children. The programme offers a unique opportunity for parents to demonstrate their parenting skills while accessing local resources and support networks.

Through Community Based Supervision, parents are provided with meticulous and personalised support to manage and reduce identified risks to the child. The assessment process includes a two-stage evaluation conducted by an Independent Social Worker, which concludes with informed recommendations for further action.

WHY CHOOSE THE COMMUNITY BASED SUPERVISION PROGRAMME?

The Community Based Supervision Programme is a superior alternative to conventional assessments due to its unique advantages and safeguards. Unlike residential or foster placement assessments, this programme offers comprehensive protective support, guidance, and monitoring within the parents' home and community setting. This approach allows parents to demonstrate their parenting abilities in familiar surroundings while accessing local resources and support networks. The benefits of this approach are clear: it provides a more accurate assessment of parenting skills, promotes a smoother transition for the child, and fosters a supportive community environment.



RESULTS



With a team of experienced Parenting Practitioners providing round-the-clock supervision, the programme effectively manages and reduces identified risks to the child. Additionally, the Community-Based Supervision component enables inexperienced parents with learning needs to develop essential parenting skills gradually, ensuring the safety and viability of any rehabilitation plan.

After thorough discussions among the team managers and the head of the service, it was concluded that Mr Y and his family had made significant progress during the 8-week support program. As a result, it was decided that ACCA's services were no longer required for this family.

The decision to conclude the support program was made based on the substantial progress observed in their transition back home. The family demonstrated remarkable improvement, and it was deemed that they no longer required the level of supervision and support provided by ACCA.

FEEDBACK AND ACKNOWLEDGMENT

The Local Authority expressed gratitude for ACCA's support and cooperation throughout the program. They commended ACCA's professionalism, regular communication, and positive working relationships with the professionals and the family.

Furthermore, the parents expressed their satisfaction with the support received from ACCA and reported positive feedback regarding the program's outcomes. They appreciated the high level of support and were pleased with the overall experience.

ACCA provided feedback forms for professionals and parents to gather insights about their experience with the Community Based Supervision Programme. The feedback received was overwhelmingly positive, with participants expressing satisfaction with the program's objectives, the quality of support provided, and the professionalism of ACCA's practitioners.

RESULTS

The successful transition of Mr Y and his family out of the Community Based Supervision Programme highlights the effectiveness of comprehensive support services in facilitating positive outcomes. By holistically addressing the family's needs and fostering positive working relationships, ACCA contributed to their overall well-being and successful integration into their home environment.

ACCA remains committed to providing high-quality support services and will continue utilising feedback to enhance training opportunities for independent social workers and parenting practitioners. Additionally, ACCA will leverage positive feedback to showcase its success stories and promote its services to a broader audience.

