

# LIAMS JOURNEY WITH ADVANCED PLUS



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## OVERVIEW

Liam, a 10-year-old boy with behavioural challenges, was referred to Advanced Plus following several incidents at school and a deteriorating home environment. His mother, struggling with mental health issues, found it increasingly difficult to manage his behaviour, and the family was on the brink of separation. Recognising the risks, a referral was made to Advanced Plus's 24/7 In the Home Programme, which offered a comprehensive intervention to stabilise the family and prevent further disruption.

## Key Results

- Liam's behaviour and school attendance improved significantly.
- His mother developed a greater capacity to provide consistent care.
- The family avoided separation and began building a future together.
- Advanced Plus's intervention created a solid foundation for long-term stability.

## PHASE 1: INITIAL RISK ASSESSMENT

The journey began with a comprehensive risk assessment conducted by the Advanced Plus team. This in-depth evaluation considered Liam's home environment, his mother's ability to care for him, and the broader challenges the family was facing. This initial step was crucial for identifying critical areas requiring immediate attention, such as improved parenting strategies, better emotional support for Liam, and ways to address the instability in their home.

Through this assessment, the team gained a holistic understanding of the family's dynamics, enabling them to create a tailored intervention plan to address Liam's behavioural issues and the underlying family structure.

## PHASE 2: 24/7 IN THE HOME SUPPORT

Liam and his mother were enrolled in the 24/7 In the Home Programme, a cornerstone of Advanced Plus's intervention model. This programme prioritised Liam's emotional well-being by allowing him to remain in the comfort of his familiar home environment while receiving continuous support.

Independent Social Workers and Parenting Practitioners provided round-the-clock guidance to his mother, helping her navigate challenging parenting situations in real-time.

Incorporating the SNAP (Strengths and Needs Analysis Programme), the team identified the family's strengths and areas for growth. SNAP focuses on recognising these strengths to empower families, fostering a sense of agency and resilience in overcoming their difficulties. Liam's mother began to understand how her actions affected Liam's behaviour and used visual aids to improve her understanding of parenting strategies.



## **PHASE 3: TOP (TEACHING, OBSERVATION, AND PRACTICE) PROGRAMME**

Liam's mother participated in the TOP (Teaching, Observation, and Practice) Programme to further support the family's progress. This personalised programme provided structured, one-on-one sessions to address her parenting challenges. By focusing on active learning—where parents observe effective techniques and then practice them under professional guidance—Liam's mother gained the confidence and skills to implement positive parenting strategies effectively.

These sessions were held in the family's home and during daily routines, ensuring the guidance was practical and applicable in real-life situations. The TOP programme taught Liam's mother how to use effective communication, discipline techniques, and emotional connection strategies, fostering a more nurturing relationship. As she became more skilled in managing Liam's behaviour, his confidence and emotional well-being improved.

## **ADVANCED PLUS'S COMPREHENSIVE APPROACH TO FAMILY SUPPORT**

Liam's case highlights how Advanced Plus's personalised, evidence-based interventions can transform vulnerable families. Combining the strengths of the 24/7 In the Home Programme, SNAP, and TOP, Advanced Plus empowered Liam's mother to develop the skills and confidence she needed to parent effectively.

This holistic approach improved Liam's behaviour and reinforced the family unit, ensuring a brighter and more stable future for both mother and child. Advanced Plus's innovative programmes continue to break the cycle of neglect and provide lasting solutions for families facing severe challenges, with a commitment to keeping families together and helping them thrive.

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